

# THOMASTON HIGH SCHOOL MENU – November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Garlic French Bread Pizza with Marinara Sauce	Hamburger or Cheeseburger	Buffalo Chicken Sandwich	Chicken Bacon Ranch Sandwich	Crispy Chicken Sandwich
<b>DAILY OFFERINGS:</b> Premade Sandwiches Assorted Salads Fruit Yogurt Parfaits		1 Homemade Pasta and Meat Sauce WG Breadstick <b>Cheesy Summer Squash</b>	2 Meatball Grinder Sweet Potato Fries <b>Broccoli Salad</b>	3 Cheese Pizza Pepperoni Pizza <b>Garden Salad with Italian</b>
6 Chicken and Waffles Tater Tots Maple Syrup Corn on the Cob	7 Grilled Cheese Tomato Soup French Fries Ketchup	8 Chicken or Cheese Quesadilla Salsa, Sour Cream Seasoned Black Beans	9 	10 
13 BBQ Pork Rib Sandwich Homemade Potato Salad Vegetarian Baked Beans	14 Sweet & Sour Chicken Brown Rice <b>Broccoli</b>	15 WG Mac & Cheese WG Breadstick <b>Italian Green Beans</b>	16 All Beef Hot Dog Crinkle Cut Fries Vegetarian Baked Beans	17 Cheese Pizza Sausage Pizza <b>Garden Salad with Italian</b>
20 Chicken Parmesan Crinkle Cut Fries <b>Corn and Tomato Salad</b>	21 Turkey Gravy Stuffing Mashed Potatoes <b>Green Beans</b> WG Roll	22 23 24 Wishing Everyone a Safe and Happy Holiday <b>THANKSGIVING BREAK</b>		
27 Cheeseburger Curly Fries <b>Steamed Broccoli</b>	28 Pizza Crunchers <b>Cucumber &amp; Tomato Salad</b> Potato Wedges	29 Grandma's Pasta and Meatballs WG Garlic Knot <b>Parmesan Roasted Cauliflower</b>	30 French Toast Sticks Oven Roasted Potatoes Chicken Sausage Patties Maple Syrup	
			<b>Every Day Offerings:</b> Assorted Fresh Fruit Rainbow Veggie Tray Canned Fruit 100% Fruit Juice Unflavored & Flavored Low Fat Milk	

Menu is subject to change. This institution is an equal opportunity provider. Jennifer Zarrilli, MS, RD, CD-N  
Food Service Director  
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